



Prairie Grove Peddler  
Random Acts of Kindness  
General Directions

Free Downloadable Appliqué Patterns for table runners,  
candle mats and framed projects using minimal supplies.

Be sure to make one for a friend!

These project sheets are free.

If you want to share the pattern with friends, we ask that you please  
direct them to our website/Blog for printing. Each design prints on 8-1/2" x 11" paper.

If you post pictures of your finished projects, please tag us-  
The Prairie Grove Peddler Pattern Company on Facebook  
or @cherylprairiegrovepeddler on Instagram and Facebook.

The original models were made with the Winter Wool Tweed Flannels from Benartex.

They can also be made with cotton quilt fabric or hand-dyed wool.

Some patterns in the series include optional things such as

French knots and other embellishments.

Designs can be embroidered by hand or machine.

You choose the fabric, flannel or wool.

You can hand-stitch with thread, Pearl cotton or embroidery floss.

As we release new projects, we will try to show them made  
with different fabrics and threads for more ideas.

Each pattern is hand drawn and not computer generated.

We will give you two copies for each design- one for tracing and one for "placing"

as I call it. The Tracing pattern is reversed for tracing on the Quick Fuse

Appliqué paper. The Placing pattern is to position the pieces.

This is also the direction the design will be when finished.

There are no overlap lines on the pattern but we suggest an overlap of no more  
than 1/8". It helps to make a plastic template of the 9-1/2" x 18" table runner.

If you have a pressing sheet you can use it to assemble each appliqué piece.

A light table is helpful to trace the pattern.

I will offer a few of the table runner fabric kits in my Etsy Shop while they last.

There's a link on my website and you can also email me at

PGPeddler@aol.com for availability.



We will be adding more Instant Download patterns  
soon so check back often!

Follow us on Facebook and Instagram

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To see all of our other quilt patterns, Instant Downloads, cross stitch, craft and  
free patterns, please visit the Prairie Grove Peddler website at

<https://prairiegrovepeddler.com>



Prairie Grove Peddler  
Random Acts of Kindness  
Table Runner Directions

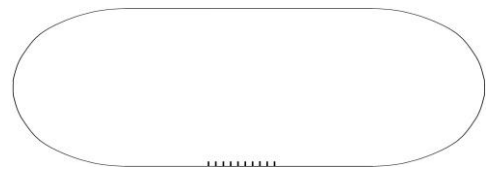
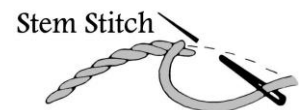
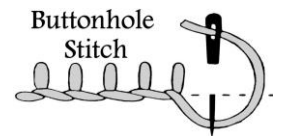
These designs were created to use a fat quarter (approximately 18" x 21") for the background. Cut off the selvedge then fold in half to two equal 10" x 18" long and cut in half. It helps to make a plastic 9-1/2" x 18" template with the rounded ends for easy placement.

Using an Appliqué Pressing Sheet with Light Steam-A-Seam II- On the TRACING Page

1. Trace and label each pattern piece onto the fusible web paper using a sharp pencil.
2. Cut apart each drawn shape leaving 1/4" around each.
3. Peel the paper backing off and press to the back of your fabric. Cut out the shapes.
4. Lay the PLACING pattern on your ironing board and lay the Appliqué Pressing Sheet on top.
5. It's transparent and you can see through it to the PLACING pattern.
6. Peel off the remaining paper backing and assemble the appliqué pieces in order, placing letters down first then the numbers.
7. Once everything has been assembled, press directly on the Appliqué Pressing Sheet to hold the design together.
8. Cool completely then peel the design off as one appliqué. Repeat for second design.
9. Center the appliqué on each end of the table runner and press in place.

Without an Appliqué Pressing Sheet using FLANNEL OR COTTON FABRIC-

1. Trace and label all of the Tracing Appliqué pieces on your fusible web paper.
2. Cut apart each piece leaving 1/4" extra. The Placement Pattern is for the layout.
3. Peel off the paper backing and press the pieces to the wrong side of fabrics.
4. Cut out all of the appliqué shapes and work on one end of the runner at a time.
5. Place the plastic template about 1/2" from each end of the runner and line up the pieces using the center line as a guide.
6. Peel off the remaining paper backing and position each piece on the end of the runner in order by letter first then by number.
7. Once everything is in place, press with an iron following your Manufacturer's directions. Cool completely.
8. Stitch around each individual piece with a decorative buttonhole stitch.
9. Trace any other stitching lines and stitch with a Stem Stitch.
10. Make French knots and add buttons, if applicable.
11. It's always good to press again then lay the runner face down on your backing fabric.
12. Line up the edges and pin the front and back together.
13. Trace the outline shape (oval or other) on the runner with a pencil, chalk pencil for dark fabric or Pigma pen. The traced line will be the seam line.
14. Lay these on one layer of cotton quilt batting or leave off for a thinner runner.
15. If making for the kitchen, you can use Insul-Bright batting instead.
16. Sew the drawn line leaving about 5" open on one straight side for turning.
17. Trim the curved edges to 1/4" and turn right side out.
18. Push out the rounded edges (or corners) then press again.
19. Pin the opening then hand-stitch the opening closed.

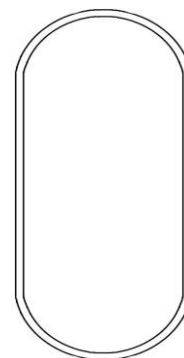


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This is an original pattern designed by Cheryl Haynes of the Prairie Grove Peddler.  
It is FREE and available to print from our website at [www.prairiegrovepeddler.com](http://www.prairiegrovepeddler.com)



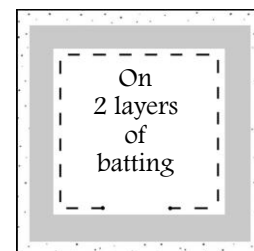
### Using Wool-

1. Trace all of the appliqué pieces on the wool with a pencil or marker.
2. Cut out all of the appliqué shapes.
3. Cut the background wool to approximately 10" x 18" or larger if your wool allows.
4. Mark the center line with pins and position the pieces on the wool in order by letter first then number.
5. Pin in place and stitch around each piece with a buttonhole or straight stitch.
6. Lay the completed wool runner on a second layer of wool the same size or it can be about 2" larger so the bottom wool color shows.
7. Make another buttonhole stitch around the inner edge to combine the two layers.  
\*You can also make a buttonhole stitch round the outer edge of the lower layer.



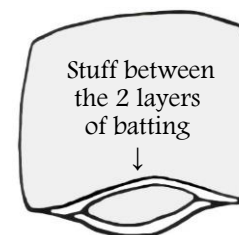
### Making a 10" Pillow-

1. Cut two 10" squares- one for the background. Make one appliqué design and center it on one of the 10" squares.
2. Do all embroidery on the pillow top & add buttons if any.
3. Lay the pillow top face down on the 10" backing fabric.
4. Lay these two layers on two layers of quilt batting and sew a 1/4" seam around the edge, leaving 5" open on the bottom to turn.
5. Turn right side out, push out the corners and stuff with poly-fil between the two layers of batting.
6. Hand-stitch the opening closed.
7. You can hand-stitch decorative trim or poms around the seam.



### For a larger 12" pillow-

1. Make the same 10" design then sew a 1-1/2" strip of border fabric down each side. Trim off the excess fabric.
2. Sew the remainder of the 1-1/2" strips across the top and bottom and trim off the excess fabric.
3. Lay this on a 13" square of backing fabric and follow directions #4-#7 above.



### A Framed Picture-

1. Cut a 10"-12" square for the background depending on the size of your frame.
2. Make one appliqué design and center it on the square.
3. Do all of the embroidery and add buttons or French knots if included then press flat.
4. Lay the finished top on a piece of cardboard that fits into your frame.
5. Use double stick tape or hot glue to secure it in place.
6. Optional- Use glass to prevent dust buildup or spray with ScotchGuard and dry thoroughly.
7. Change out the designs with the seasons.



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